

Revive of the USA and Veterans Inc. Present....

WELLNESS WEDNESDAY

Every Wednesday 1:00 – 2:00PM

Veterans Inc.

69 Grove Street, Worcester, Massachusetts

FREE OF CHARGE / ALL LEVELS WELCOME!

Just Show Up!

Revive is a non-profit community out-reach program of certified trainers and coaches, partnering with youth and adult substance abuse recovery programs across Central Massachusetts.

Revive's program empowers the individual with the tools and disciplines to not just "get by" in stages of early recovery but **excel – with movement** as one of the main pillars that support their new life.

Educate • Motivate • Empower

"Move a muscle, move a thought"

