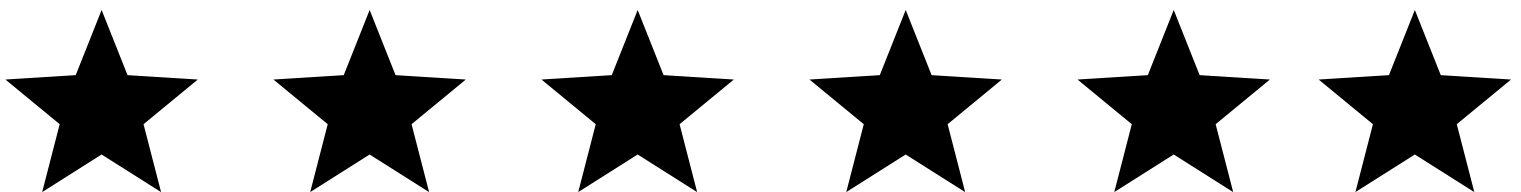


# ANNUAL REPORT 2022

MONTACHUSETT VETERANS  
OUTREACH CENTER, INC.



**SERVING ALL VETERANS**  
**FOR OVER 40 YEARS**



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To donate, get involved or learn more about how MVOC is changing lives, please visit our website, give us a call, or stop by!



veterans-outreach.org  
978.632.9601  
268 Central St, Gardner MA

# OUR MISSION AND VALUES

Montachusett Veterans Outreach Center aims to assist all veterans and their families, regardless of discharge status or activation level, as they work to achieve healthy, balanced, and productive lives. We serve those who have served through an individualized approach designed to foster independence. We envision a country where veterans are never left behind or in need.

To deliver our mission we rely on three core values:

- ★ Dedication of staff
- ★ Meaningful and impactful engagement with our Veterans and families
- ★ Stability within the community and organization



*Pictured: MVOC hosts local officials and Dept. of Veteran Services staff for a tour and info session in December 2021*

# LETTER FROM LEADERSHIP

*Dear Friends,*

*The Montachusett Veterans Outreach Center is pleased to share details of a successful 41st operating year. Staff spent the duration of the year in person after having been remote for some time, which allowed us to bring back many programs and events. We launched a weekly peer-led recovery group, a monthly employment guidance session, healthy cooking classes, and even a fly tie fishing lure class and trip! Our veterans and their families were excited to have opportunities to rebuild their community supports and reengage with our operation.*

*We also continue to receive support from the Massachusetts Department of Veteran Services and the Veteran Administration, including the award of a new contract that allowed us to expand both our outreach and counseling teams and also award financial assistance grants to recently housed veterans and veterans that incur unexpected medical bills.*

*The MVOC is continuously thankful for all the support we receive, statewide and federally as well as from local businesses and individuals. We look forward to another successful year!*



Stephanie Marchetti, EdD  
Executive Director



Cathy Stallings-McWilliams  
Founder & Board Chair

# YEAR IN REVIEW

July 1, 2021- June 30, 2022

13,000+  
INDIVIDUAL  
SERVICES  
PROVIDED



*Including, but not limited to:*



3,509 case management services provided



2,355 housing assistance and support services provided



1,064 counseling sessions



1,360 VA and Social Security claims processed



997 food and clothing pantry uses



907 veteran transports



326 financial assistance awards granted

# PROGRAMS & SERVICES



*Pictured: (left) Veteran Care Kits provided by Catania Oils , (right) MVOC's Hike + Heal walkabout with North Quabbin Trails Association*

## Housing

MVOC offers a variety of safe, supportive housing options to its residents, with 56 permanent and transitional units in total and construction on another 44 expected to begin fall 2023.

Residents in all of our housing facilities, located throughout Gardner and Winchendon, benefit from case management services, mental health counseling, wellness programming, food and clothing pantry access, benefits advisement, and more.

Housing is available for homeless and disabled male and female veterans seeking a sober and welcoming community.

## Counseling

MVOC veterans and their families receive timely and experienced assistance from our team of counselors and clinicians, which expanded in this past year to include veterans from both the Army and Air Force.

Our mental health team uses a variety of approaches to assist veterans in reaching their personal goals, overcoming trauma, and adapting to civilian life. They are available in person, via phone, and via video to veterans and veteran families in need. In addition to individual sessions, we also expanded services in this past year to include several recovery and processing groups.

## Case Management

Case managers work with veterans in both our permanent-supportive and transitional-supportive housing programs as well as with recently housed veterans throughout North Central Massachusetts. They assist veterans in overcoming personal challenges and adapting to independent, civilian living.

Case managers assist veterans in goal setting, employment, accessing education, and more.



*Pictured: Sons of the American Legion Squadron 193 donate to MVOC's housing expansion project.*

## Benefits Assistance

Navigating veterans benefits can be complicated and overwhelming, but MVOC can help! Our full-time benefits advisor assists veterans in accessing the benefits they earned during their time in service to our country.

## Transportation

MVOC is dedicated to providing wrap-around services to those in need, including transportation to medical appointments and critical resources with our own van driver. We also provide veterans with free passes to the local MART bus system.



## Food and Clothing Pantry

Our needs-based food and clothing pantry is largely supplied by the Worcester County Food Bank, with additional support this from the United Way, Walmart, and Hannaford. We also receive generous donations from local residents, other non-profits, and businesses.

The pantry is not only open to MVOC residents and those living locally, our Outreach Assistant also delivers food boxes to homebound veterans and veteran families in need on a monthly basis.

## Community Programming

The MVOC offers a variety of programs and events for the veterans of North Central Massachusetts to participate in, most notably this past year were fly tie fishing lure making classes, health cooking classes, regular coffee hours, and monthly walkabouts. We also reopened our Day Room for veterans to play games, work on puzzles, and use the internet.



***Pictured: An MVOC veteran and his son enjoy a guided walkabout hosted by MVOC.***



***Pictured: Cornerstone Church donates holiday gift bags for MVOC veterans.***



***Pictured: Project New Hope donates surplus goods to the MVOC pantry.***



***Pictured: Thanks to Bombas and local donors, MVOC handed out free socks and warming packs throughout the winter months.***



***Pictured: MVOC hosts members of the Veterans Affairs Committee and local officials to discuss housing expansion plans and programming needs.***

# BUILDING MVOCS FUTURE

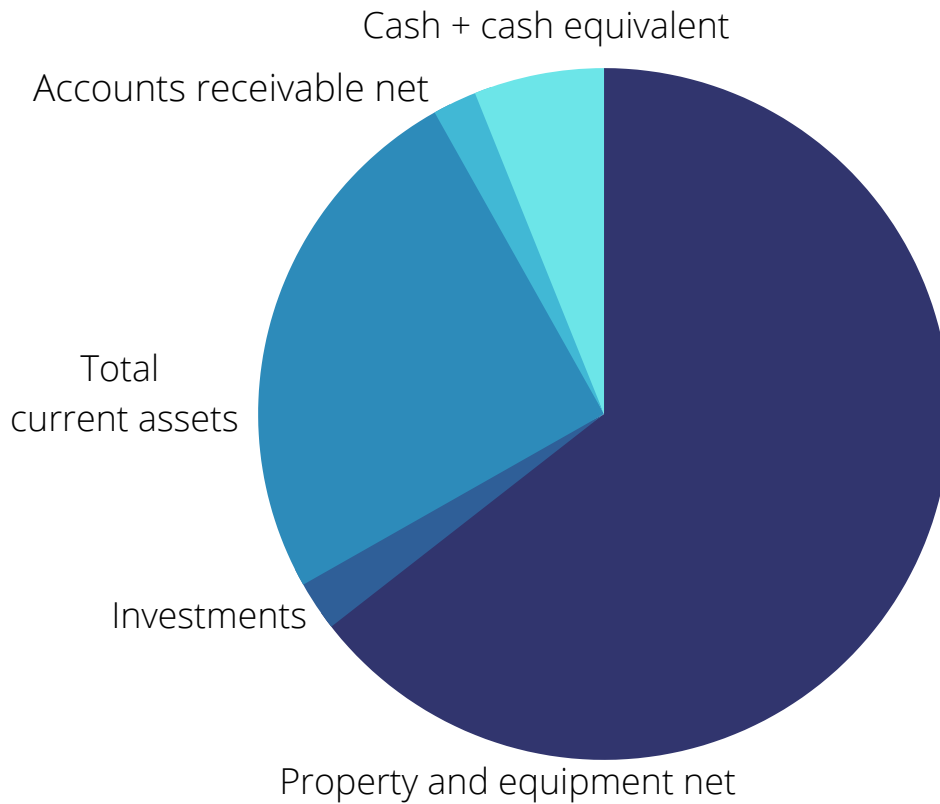
MVOC continues to pursue expansion plans! Throughout the 2021-2022 year pre-development plans to repurpose two adjacent historic schools in Winchendon were largely completed. This project will create 44 single resident apartments of low-income housing for veterans, with support spaces included inside and out. The site will include interior common areas and clinic space as well as an external courtyard and outdoor recreation space.

MVOC is fortunate to have the full support of the town of Winchendon and a strong partnership with Anser Advisory to guide the process. The project's architectural team, Jones Whitsett, has already finished design and development plans and a Veteran-owned construction company, Commodore Builders, has been contracted to assist as well. We continue to move through both state and federal funding application processes and look forward to breaking ground in 2023!



# FINANCIALS & BOARD OF DIRECTORS

**Total Assets:  
\$4,850,584**



## Board of Directors

**Cathy Stallings-McWilliams**  
President and MVOC Founder

**Daniel Piper**  
Vice Chairman, US Coast Guard

**Robert Anderson**  
Treasurer, US Air Force

**Brad Heglin**  
Trustee

**Greg Smith**  
Trustee, Army National Guard

**Mark DesMarais**  
Trustee, Navy

**Julie Meehan**  
Trustee



*Pictured: (left) Board President and Founder Cathy Stallings-McWilliams with an MVOC client, (right) Board Member Greg Smith-*

# OUR PARTNERS

+ OVER 200  
COMMUNITY  
MEMBER  
DONATIONS

*Thank you for your continued support!*

Adopt-a-Soldier Platoon, Inc.  
American Legion Auxiliary Unit 41  
American Legion Auxiliary unity 193  
American Legion Riders #142  
Amvets Post 2012  
Amvets Post 2012 Ladies Auxiliary  
Anderson, Bagley, & Mayo  
Arbella Insurance Foundation, Inc.  
Ashby American Legion  
Athol Boosters Association  
Aubuchon Hardware  
Boston Scientific Corporation  
Brookside Equipment Sales Inc  
Chapdelaine Buick & GMC  
DCU  
Fire & Iron MC Station 857  
Gardner Elks Lodge  
Gardner Rifle & Pistol Club  
Gardner Thrift Store  
Gardner Trout Club  
Hannaford Supermarkets  
Harvard Pilgrim Health Care Foundation  
JB McCaffrey Insurance Agency, Inc.  
JWA Architects, Inc.  
Knights of Columbus Ashburnham  
Leominster Eagles Auxiliary #477

Making Opportunity Count  
Mckenzie Engineering Company  
Modernkrone Yoga  
Network for Good  
North Central Mass Association of Realtors  
Northern Worcester County Landlord Association  
O.G. Croteau Plumbing & Heating  
One Hope  
Parker Glass  
Pete's Barber Shop  
Rolling Thunder VT Chapter 1  
Rollstone Bank and Trust  
Sons of Amvets Squadron 212  
Sons of the American Legion  
Spinelli, CPA, PC  
Thermalogic Corporation  
Town Fair Tire Foundation Inc.  
United Way of Central Massachusetts  
United Way of Mass Bay  
Unitil- Lunenburg  
Wheelerville Women's Club  
Worcester County Food Bank  
Worker's Credit Union

*To all listed here, those we may have missed, and those who have donated time or physical contributions: **Thank you.***



268 Central St, Gardner MA 01440



978-632-9601



[veterans-outreach.org](http://veterans-outreach.org)

